



International Society
for Nutraceuticals & Functional Foods



IUFoST

2025 Annual Conference & Exhibition

Functional Foods, Nutraceuticals, Natural Health Products and Dietary Supplements

September 14-17, 2025 (Optional September 18-20, 2025)
Ho Chi Minh City, Vietnam

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Conference Symposia

- ☐ Proteins and bioactive peptides
- ☐ Functional lipids and omega 3 oils/supplements
- ☐ Functional carbohydrates
- ☐ Fermented food and beverages
- ☐ Antioxidants and oxidation control
- ☐ Marine and aqua-cultured products, including seaweed & kelp
- ☐ Tea, coffee and cocoa
- ☐ Polyphenols, their metabolites and health effects
- ☐ Carotenoids and other natural colorants/pigments
- ☐ Fruits, tropical products and vegetables
- ☐ Cereals, legumes and oilseeds
- ☐ Microbiome, pre- and probiotics and health implications
- ☐ Controlled-release and delivery of functional ingredients & bioavailability
- ☐ Metabolic syndrome
- ☐ Upcycling and zero waste processing of food
- ☐ Food production, processing and nutrition
- ☐ Smart packaging of bioactives and functional food ingredients
- ☐ Food, people, nutrition and environment (Shiology)
- ☐ Food and health (GI tract, cardiovascular, cancers, brain, bone and skin),
- ☐ Nuts and their health effects
- ☐ Interactions between food components and gut microbiota
- ☐ Food processing and ultra-processed foods
- ☐ R&D of functional foods, nutraceuticals and dietary supplements
- ☐ Botanicals, spices and herbs: Food, pharmaceuticals and remedies
- ☐ Analytical methods, *in-silico* and molecular modeling
- ☐ Taste, olfaction and sensory aspects
- ☐ Regulations
- ☐ Other topics

Disclaimer: Program details and speakers may change due to circumstances.
Any other questions? Please contact isnffsecretary@gmail.com

Conference Organizers:

Dr. F. Shahidi, Dr. Jianping Wu
& Dr. Ha V.H. Nguyen

For further information, visit: isnff.org

